

HQIF2016 Program Outline

	Morning	Afternoon
May 1	Advanced lecture on Health Qigong theory @Central building, room 102	Revision of Qigong techniques @Arts building, music room 42
May 2	Wu Qin Xi Course (Lecture and Exercise) @Arts building, rehearsal room	
May 3	Taichi Yang Sheng Zhang Course (Lecture and Exercise) @Athletic building, gymnasium 5	
May 4	Judge Training Course @Central building, room 403	
May 5	Public Lecture “Health Qigong and its Medical Effects” @Central building, room 309	Public Lecture “Special Lecture on Ma Wang Dui Dao Yin Shu” @Central building, room 102
May 6	Performance Show @Athletic building, gymnasium 1&2	Health Qigong Competition @Athletic building, gymnasium 1&2

A detailed program will be updated shortly.